

Do you use an app to measure your Parkinson's?

The more we know about how Parkinson's progresses, the better we can tailor treatments for people living with the condition. Better measurement of symptoms also means more efficient and less expensive ways of testing new treatments in clinical trials.



Parkinson's Apps and Devices Rating Scale (MARS-PARK)

There are numerous apps and devices being used to measure Parkinson's, however not all provide clear information on what they are measuring and how that measurement relates to the specific and individual symptoms of Parkinson's.

Parkinson's is different for everyone and our hope is that you will be able to help us understand which apps and devices are the most user-friendly and importantly, provide the most relevant information about aspects of your Parkinson's. To achieve this we have adapted the Mobile Application Rating Scale (MARS) developed by the Queensland University of Technology (with their consent), so that we can provide invaluable feedback on the use of different technology in the Parkinson's arena.

Do you currently use an app to measure your PD? What do you measure? How often do you use the app? We would like to hear from you!

If you use an app to measure your PD, please take a few moments to rate the app using MARS-PARK our Parkinson's apps and devices rating scale. To complete the survey you need to open this interactive PDF and save it before

you complete it which will allow you to submit the form directly to us. The PDF link is here – [Parkinson's Apps and Devices Rating scale \(MARS-PARK\)](#). If for some reason the form is not compatible with your PC, you will need to print the form, complete it manually and email to Leah@cureparkinsons.org.uk.

Thank you for contributing to this technology assessment.